Name: _____

# My Morning Routine

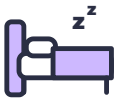
Tick a box when you finish each step.

| | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|---|---|---|---|---|---|---|---|
|  Wake up | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
|  Use the potty | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
|  Wash hands and face | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
|  Brush teeth | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
|  Get dressed | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
|  Eat breakfast | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
|  Shoes on | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
|  Pack my bag | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |

Name: _____

# My Bedtime Routine

Tick a box when you finish each step.

| | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|---|---|---|---|---|---|---|---|
|  Tidy up toys | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
|  Bath time | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
|  Pyjamas on | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
|  Brush teeth | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
|  Use the potty | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
|  Story time | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
|  Hugs and kisses | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
|  Lights out | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |